DEFINING HUMILITY

Can you match up each quote with the person who said it?

__ 1. "Humility is not thinking less of yourself, it's thinking of yourself less."	A. St. Augustine
__ 2. "Do you wish to rise? Begin by descending. You plan a tower that will pierce the clouds? Lay first the foundation of humility."	B. Yogi Berra
__ 3. "I believe the first test of a truly great man is in his humility."	C. Jim Yong Kim
__ 4. "Humility is to make a right estimate of one's self."	D. John Ruskin
__ 5. "For me, the most fundamental thing about leadership is to have the humility to continue to get feedback and to try to get better—because your job is to try to help everybody else get better."	E. Charles Spurgeon
__ 6. "It ain't the heat, it's the humility."	F. Rick Warren

COULD YOU DO IT?

Some things we are asked to do to serve other people are harder than others. Read the following ministries individuals or groups have done and rate them from easiest (1) to hardest (8) for you to do.

__ Bathe the feet and clip the nails of an elderly person in a nursing home.
__ Regularly go help a person manage his or her colostomy bag.
__ Clean up after drunks and addicts in a homeless shelter.
__ Foster or adopt a special needs child.
__ Sell your home and move to the inner city for ministry purposes.
__ Keep four children under the age of 8 for the weekend to give a single mom a break.
__ Clean the house of a family who has lost someone and will have visiting relatives.
__ Give emotional support by listening patiently to a depressed or mentally ill person.

Pair off and discuss the following:

1. What would be hardest and easiest for you? Why?
2. What was the hardest thing you have ever been asked to do for a stranger? for a family member?
3. How does Jesus' example of humbling himself make you more willing to humble yourself as you help other people?

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